



THE RELUCTANT

HERO SUCCESS GUIDE

Yes to the Ying © 2015

HELLO MY **RELUCTANT ONE!**

Now that you know what kind of hero you are, it's time to determine the best plan of action to launch your career! This Success Guide is going to help you do this in 3 easy steps.

STEP 1

Dig deep and determine what your goal is and why you want to achieve it.

Here are some examples of fellow Reluctants like yourself.

[#fightforjustice](#)

RELUCTANT HEROES LIKE YOU:



Wolverine



Katniss



Maximus

YOUR GOAL:

To live in peace and find your personal freedom

YOUR DESTINY:

To find freedom for you and the world

YOUR MOTTO:

BE STRONG. BE DARING. BE YOU.

WORK IT OUT

What is your goal?

Get specific. What is it that you really want to accomplish?

Why do you want to do this?

What is your destiny? What compels you to fight for your own freedom?

What is your motto?

What is your M.O.? What do you say when people ask you why you fight for those you love?

STEP 2

Figure out your strengths so that you can use them to your advantage.

Here are some common traits of Reluctants like yourself.

YOUR CORE:

You may be removed from society, but you are the strongest hero of them all! Much like Wolverine and Katniss, when your freedom is compromised, you will do whatever it takes to reclaim it! Your roguish ways make you the perfect freedom fighter!

STRENGTHS:

Independent
Strong-willed
Adventurous
True to your soul

WEAKNESSES:

Recluse
Guarded
Stubborn
Rough around the edges

FEARS:

Being trapped
Being enslaved

WORK IT OUT

What are your biggest strengths?

What do you excel at? What's easy for you to do?

What are your biggest weaknesses?

What takes the most effort to do? What do you hate doing?

What is your biggest fear?

Dig deep. What do you fear the most?

Now that you know your strengths, you can develop a kick ass plan to launch your career.

STEP 3

Devise a plan utilizing your strengths.

Here is a blueprint for the Reluctant's path to success.

RELUCTANT PLAN OF ATTACK

- 1 Write down your goal.
- 2 Come up with at least 20 things you can do now to accomplish your goal.
- 3 Do the things that cater to your strengths.
- 4 Delegate the things you least like to do.
- 5 See which actions give you results and which don't.
- 6 Continue to do the successful actions until you reach your goal.

WORK IT OUT

What are 20 things that you could do to reach your goal?

What are things you can do? What can you delegate?

Which actions got you results?

Keep on doing them!!

RELUCTANT SUCCESS TIP:

Let others in and tell them what means the most to you. People are attracted to your vulnerability. You might even inspire someone with your story!

You have a big heart (even if you don't like to show it) and incredible skills to achieve the freedom you seek. Don't let the past prevent you from creating the future you want.

RELUCTANT AFFIRMATIONS:

I am free to do what I please.

Success comes to me easily.

It is safe for me to let go of the past.

YOUR BATTLE CRY:

DARE TO BE FREE

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to launch your career,
become known in your industry,
and get paid to do what you love.
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